

Book Review...

Local Legacy Lives On

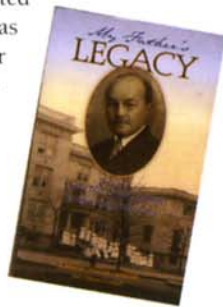
By Laura S. Liming

Written by the daughter of Dr. Nils August Johanson, founder of Swedish Medical Center, *MY FATHER'S LEGACY* (University of Washington Press, 2002) is a quick, yet informative, read. It's necessary for anyone employed by Swedish, or who is curious about the historical associations surrounding the facility's creation.

This memoir, by the late Katharine "Kitty" Johanson Nordstrom, details the evolution of Swedish Medical Center from its genesis as a fantasy in the minds of a Swedish immigrant and his colleague, to its rise as one of the finest medical facilities in the nation. The institution's development, however, was not without tragedy. Fellow dreamer Dr. Edmund M. Rininger died unexpectedly during Swedish's planning phase. Dr. Rininger's death was a turning point for Dr. Johanson who became determined to see the project through. The result is the entity now known as Swedish Medical Center.

Along the way the reader is treated like part of the Johanson clan as Nordstrom reminisces about her life as a privileged only child. She shares countless stories about family affairs, such as camping trips and horseback riding. Although some readers might have wanted the author to spare them a few personal details, it would not have done the book justice. With these anecdotes in tact, the public is able to acquaint itself with a family that forever changed the state of health care in the Puget Sound. Readers will also enjoy interesting tales of medical lore, a glimpse into pre-modern medicine, and a fascinating history of the Seattle area.

Bottomline: the Johanson-Nordstrom family's love for medicine and dedication to the medical community will intrigue *Legacy* readers.



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Business Related...

April 2 – *New Insurance Report Released by Kaiser Family Health Foundation.* Regulation of Private Long-Term Care Insurance: Implementation Experience and Key Issues, by Stephanie Lewis, John Wilkin, and Mark Merlis, focuses on consumer protections for individuals buying long-term care insurance. The report describes how long-term care insurance is regulated and how many states have adopted key consumer protection standards. It also considers how well existing federal and state regulatory mechanisms address consumer protection issues and reviews issues that may require renewed attention as the market evolves. For more information on the Foundation's work on long-term care, please call Michelle Kitchman at 202.347.5270 or visit www.kff.org.

May 3 – *Mayo Clinic Family Health Book, Third Edition* (HarperResources, hardcover, \$49.95) available in bookstores. Although you already know plenty about health, illnesses and the like, your patients might find this book invaluable. As editor-in-chief, Scott Litin MD brings readers information on disease prevention, complementary medicine, normal life changes and more. If your patients ask what book you can recommend as a home resource, you now have this option. For more information, visit www.mayoclinic.com.

Aug. 9-16 – *Women's Health: Presented by the Federation of Medical Women of Canada.* Topics include: career and leadership development (development of grant proposals; critical assessment of journal articles; media training; conflict resolution), and clinical updates and information (update on contraception; HRT after the WHI; SOGC and International Women's Health). This accredited conference takes place aboard an Alaska Cruise, which leaves from Vancouver, BC. For more information, call 888.647.7327 or visit www.seacourses.com.

*To add your business-related program or event, email Editor@ScopesMag.com.

Proud to be an American...

This fourth of July, why not celebrate America's independence with the men and women who helped get it? Attend *Fort Lewis' Freedom Fest Fourth of July Celebration*. More than 60,000 people from all across Western Washington will head to Fort Lewis for live entertainment, roaming clowns and musicians, food and vendor booths, and games. Especially interesting are displays of ancient to modern military hardware, mock civil war battles and fighting demonstrations by knights. While there, check out the Classy Chassis car show, which features more than 200 vintage automobiles by owners from all across the Puget Sound area. The day culminates with a concert by the 1 Corps Band and the only 3-D fireworks display in Washington. All the fun will be held at Cowan Stadium, Fort Lewis. For more information, call 253.967.2429 or visit www.lewis.army.mil.

